



# RECREATION JEOPARDY

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# RECREATION JEOPARDY DIRECTIONS

## INDICATIONS FOR USE

Recreation Jeopardy game was designed to educate Recreation and Activity Professionals about various components of recreation and activities, primarily in the long-term care setting. This game is a great method of educating the staff as well as evaluating their knowledge. The game may be used as part of an in-service or for fun.

## TERMS OF USE

The purchaser may individualize, and slightly alter the questions and answers to better represent facility policies and standards, as long as it is not re-distributed or sold, and that it retains the source cited at the bottom of each page.

## DIRECTIONS

- 1.** On 8 ½ x 11 paper, print out the following:
  - a.** Recreation Jeopardy Game Boards (Rounds One and Two). You may use them as is, or enlarge to desired size. An overhead projector is another way to utilize the game board.
  - b.** Recreation Jeopardy Question and Answer Boards (Rounds One and Two)
  - c.** Final Jeopardy Category
  - d.** Final Jeopardy Question and Answer
- 2.** Divide participants into two or three teams, or play individually. Have teams create a name.
- 3.** Designate a time limit for each round (about -20 minutes depending on time available to play the game). You will need at least an hour to play.
- 4.** Keep score by utilizing a dry erase board, flip chart, or chalk board.
- 5.** Take turns having each team select a category and dollar value amount. Read the question, utilizing the Question and Answer Boards. Note: the questions are written in black and the answers are written in red. Provide opportunity for the team to answer. The answers on the game boards are not written in the form of a question due to lack of space on the board, however, in the game of Jeopardy, the answers are stated in the form of a question. i.e. What is a Comprehensive Care Plan? If the right answer is given, add the designated amount to their total. If the team cannot answer, or provides the incorrect answer, subtract the designated amount from their total and the other team(s) are given an opportunity to steal the dollar amount by answering correctly. As each question is asked, put an X in the designated box of the Game Board, to indicate that the question is no longer available.

**6.** Final Jeopardy is the last round. Display and read the category. Players can bet up to the dollar amount that they have at this point in the game. Bets are written down and kept a secret. Read the final jeopardy question and allow teams to answer. If a team answers correctly, the dollar amount that they bet is added to their score. If answered incorrectly, that amount is subtracted from their score. The team with the highest score wins. Prizes may be awarded if desired.

**7.** HAVE FUN!

## **Recreation Jeopardy Game Board (Round One)**

<b>Mindful Things</b>	<b>Let's Get Physical</b>	<b>Technically Speaking</b>	<b>Making Sense</b>	<b>Get With The Program</b>
<b>\$100</b>	<b>\$100</b>	<b>\$100</b>	<b>\$100</b>	<b>\$100</b>
<b>\$200</b>	<b>\$200</b>	<b>\$200</b>	<b>\$200</b>	<b>\$200</b>
<b>\$300</b>	<b>\$300</b>	<b>\$300</b>	<b>\$300</b>	<b>\$300</b>

<b>\$400</b>	<b>\$400</b>	<b>\$400</b>	<b>\$400</b>	<b>\$400</b>
<b>\$500</b>	<b>\$500</b>	<b>\$500</b>	<b>\$500</b>	<b>\$500</b>

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## Recreation Jeopardy Q & A (Round One)

<b>AMT</b>	<b>Mindful Things</b>	<b>Let's Get Physical</b>	<b>Technically Speaking</b>	<b>Making Sense</b>	<b>Get With The Program</b>
<b>\$100</b>	A term often used to describe someone who is confused to person, place and time. <i>(Disoriented)</i>	What the initials "ADL" Represent. <i>(Activities of daily living)</i>	A technique often used by Patch Adams that uses laughter to promote health. <i>(Humor Therapy)</i>	The use of props and pictures is this type of stimulation. <i>(Visual Stimulation)</i>	Programs that are typically large scale affairs held during the holidays or other important occasions. <i>(Special Events)</i>
<b>\$200</b>	A technique that involves the repetition of basic facts, and constant reminders of time, names and things in the environment.	Two activities that focus on upper extremities. <i>(basketball, parachute ,toss games)</i>	Developing an individualized communication board is used for a person with receptive or expressive aphasia <i>(Expressive)</i>	The use of stuffed animals, hand massage and textured objects is this type of stimulation. <i>(tactile)</i>	The use of animals to establish social relationships, increase self-esteem and stress reduction. <i>(Pet Therapy)</i>

	<i>(Reality Orientation)</i>				
<b>\$300</b>	Two specific types of activities that enhance cognition. <i>(Word games, current events, discussion groups etc)</i>	The two types of Range of Motion techniques. <i>(active, passive)</i>	A technique often associated with Alzheimer residents. It means accepting the person where he is and understanding without judging or patronizing. <i>(Validation Therapy)</i>	The use of music and familiar sounds is this type of stimulation <i>(auditory)</i>	Domestic activities, such as folding laundry, and sorting items is called this. <i>(Task-Oriented Activities)</i>
<b>\$400</b>	Literally means, “the losing of one’s mind”. It is a diagnosis characterized by the decline of cognitive abilities, memory loss and orientation. <i>(dementia)</i>	Two of the many physical benefits of an exercise program. <i>(Increase endurance, ROM, appetite, wt. loss, ADL’s, cardiovascular, circulation etc.)</i>	The technique that promotes the highest level of leisure function by utilizing special equipment such as clamps, dycem and talking books. <i>(Adaptation)</i>	Aroma Therapy is an example of this popular sensory stimulation approach. <i>(Olfactory Stimulation)</i>	A type of programming that supports an age-integrated society. <i>(Intergenerational)</i>
<b>\$500</b>	A method used with cognitively impaired residents that involves breaking down an activity into tasks. <i>(task segmentation )</i>	What Residents with severe cardiac problems should never do during a physical activity or exercise program. <i>(raise both arms above their head)</i>	A technique used to control undesired behavior. <i>(Behavior Management)</i>	This one of the 5 senses would be stimulated during a gustatory stimulation experience <i>(taste)</i>	Providing independent projects such as coloring, sorting, and manipulatives while running the main activity is called this. <i>(Parallel programming)</i>

## **Recreation Jeopardy Game Board (Round Two-Double Jeopardy)**

<b>More than Just Coffee Social</b>	<b>Things That Begin with the Letter "R"</b>	<b>Regulation Fun</b>	<b>Medical Terminology</b>	<b>Potpourri</b>
<b>\$200</b>	<b>\$200</b>	<b>\$200</b>	<b>\$200</b>	<b>\$200</b>
<b>\$400</b>	<b>\$400</b>	<b>\$400</b>	<b>\$400</b>	<b>\$400</b>
<b>\$600</b>	<b>\$600</b>	<b>\$600</b>	<b>\$600</b>	<b>\$600</b>
<b>\$800</b>	<b>\$800</b>	<b>\$800</b>	<b>\$800</b>	<b>\$800</b>

<b>\$1000</b>	<b>\$1000</b>	<b>\$1000</b>	<b>\$1000</b>	<b>\$1000</b>
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## Recreation Jeopardy Q & A (Round 2-Double Jeopardy)

AMT	More than Just Coffee Social	Things That Begin With The Letter “R”	Regulation Fun	Medical Terminology	Potpourri
<b>\$200</b>	A term that is used to describe a resident who appears to be more agitated and confused later in the day. <i>(Sundown syndrome)</i>	The experience of recalling objects, places and other people. An excursion into one’s memory of the past. <i>(Reminiscence)</i>	Who should provide meaningful activities to the residents? <i>(everyone-all facility staff, residents volunteers, visitors, etc)</i>	What the initials DM represent. <i>(Diabetes Mellitus)</i>	The study of the aged. <i>(Gerontology)</i>
<b>\$400</b>	Two common symptoms of depression. <i>(Withdrawal of activities, decrease in appetite, lack of energy, sleeping problems, etc.)</i>	Examples of this soothing technique include: Imagery, Meditation and Deep Breathing. <i>(Relaxation)</i>	<i>What does NSRPH stand for? ( Nova Scotia Recreation Professionals In Health)</i>	What the initials CVA represent. <i>(Cerebral Vascular Accident or Stroke)</i>	The primary role of Recreation in LTC is to promote, and enhance this aspect of human need. It focuses on feelings of joy, satisfaction & contentment. <i>(Quality of Life)</i>
<b>\$600</b>	Two activities that are specifically designed to promote socialization. <i>(Discussion groups, games, word games, trivia, coffee socials, other socials, travel club, etc.)</i>	A specialized application of TR services that uses TR to restore or rehabilitate. Can only be provided by a CTRS with a physician’s order. <i>(Recreation Therapy)</i>	<i>When did the Association Begin? ( 1994)</i>	The initials BKA represent what type of amputation. <i>(Below Knee Amputation)</i>	Activities that require the co-ordination of small muscles of the body such as craft projects, utilize this type of motor skills. <i>(Fine Motor Skills)</i>
<b>\$800</b>	Studies indicate that approximately ¼, ½ or ¾ of older adults living in nursing homes suffer from depression. <i>(1/4)</i>	A mandatory annual in-service topic that focuses on treating residents with respect and dignity. <i>(Resident Rights)</i>	Formerly called “age-appropriate activities”, this terms indicates that activities should be relevant to the specific needs, interests, culture, background, etc. <i>(Person-Appropriate Activities)</i>	A person with this type of paralysis has use of only one side of his/her body. <i>(Hemiplegia)</i>	A type of programming that teaches recreation skills, knowledge and leisure skills <i>(Leisure Education)</i>

<p><b>\$100</b> <b>0</b></p>	<p>Two of the many causes of psychological and behavioral problems in the elderly. (<i>Boredom, depression, disorientation, over stimulation, acute medical condition etc.</i>)</p>	<p>An important part of the assessment process that determines whether to proceed or not to proceed with a care plan. (<i>RAP-Resident Assessment Protocol</i>)</p>	<p><i>Is there a fee to belong to the NSRPH Association?</i> (<i>Yes</i>)</p>	<p>What the initials TID represent <i>(Three times daily)</i></p>	<p>One of the two major recreational and or activity organizations that provide professional certification <i>(NSRPH or CTRA)</i></p>
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# FINAL JEOPARDY

## CATEGORY

# ADAPTED

# EQUIPMENT

## FINAL JEOPARDY QUESTION

**Give two examples of adapted equipment for EACH of the following barriers to leisure pursuit:**

1. **Visual impairment**
2. **Hearing impairment**
3. **Cognitive impairment**
4. **Physical impairment**

# **FINAL JEOPARDY**

## **ANSWERS**

1. **Visual impairment ( large print books, large print playing cards, large print bingo cards, magnifying screen for TV, magnifying glass, light filtering lenses, telescopic glasses, books on tape or talking books, etc.**
2. **Hearing impairment (ear phones, use of microphone or amplifier, closed caption TV, pictures and props, etc.)**

3. **Cognitive impairment (adapted sewing cards, adapted bingo cards with less numbers, picture bingo, color bingo, manipulatives, sorting items, large dominoes, large piece puzzles, etc.)**
4. **Physical impairment (snip loop scissors, easy grasp bingo chips, card holders, card shuffler, clamps, book holder, page turners, dycem, large handled items (cooking, gardening, paint brush, etc.), large-eyes needles, light weight sports equipment, etc.)**

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